



LIFEFOOD
EGYPTIAN FRUITS & VEGETABLES

LIFE FOOD NOURISHING YOUR LIFE, NATURALLY

Fresh, Organic, and Delicious

At Life Food we are committed to providing our customers with the highest quality IQF fruits and an exceptional experience. We prioritize customer satisfaction and strive to exceed your expectations with every order.



www.lifefoodeg.com



ABOUT US:

At Life food, we are dedicated to providing premium IQF (Individually Quick Frozen) fruits and vegetables to customers worldwide. With a focus on quality, freshness, and convenience, our products are frozen at the peak of ripeness to lock in flavor, texture, and nutrients. We believe in delivering only the best—whether it's IQF mango, **IQF strawberries**, or other frozen produce—ensuring that you enjoy the natural taste of fresh ingredients year-round.



Our team is committed to sustainable sourcing and ethical practices, working closely with trusted farms and suppliers to ensure that our products meet the highest standards. From home kitchens to large-scale foodservice operations, our **IQF products** provide reliable, convenient solutions for cooking, baking, smoothies, and more.

With Life food, you can count on consistency, quality, and exceptional customer service every time. Join us in bringing the best of nature's bounty to your kitchen, and experience the convenience and taste of IQF fruits and vegetables.



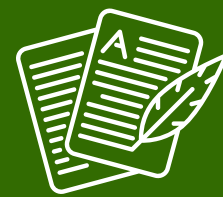
COMPANY MISSION:

Bringing you the freshest, most nutritious organic foods.



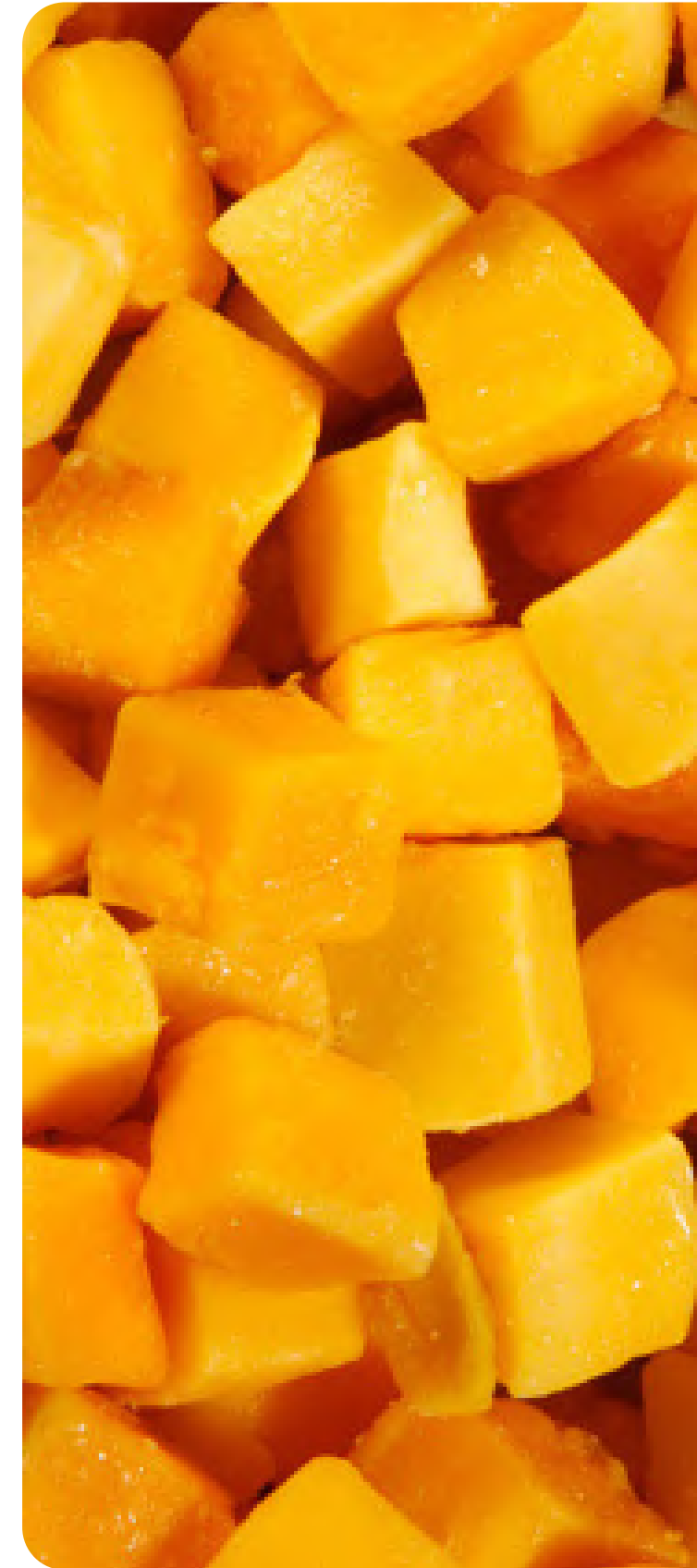
Core Values:

"Celebrating the bounty of nature by providing fresh, high-quality, and sustainably sourced foods for a healthier future."



Company Story:

life food comes from the heart of Egyptian farms with solid quality aiming to matching the world standards.



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Our Products

IQF vegetables



okra



broccoli



potatoes



cauliflower



green beans



beans



onion



Artichoke



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Our Products

IQF fruits



strawberry



mango



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Our Products

Fresh Fruits



Fresh Orange



fresh Graps



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IQF FRUITS

IQF STRAWBERRY

- From The largest exporter of frozen strawberries in the world. Egypt
- Unmatched Quality: Sourced from the fertile fields of Egypt, known for producing high-quality strawberries.
- Convenience: Ready to use, anytime, anywhere.
- Versatility: Perfect for smoothies, desserts, and more.
- Preserved Freshness: Locked-in flavor and nutrients.
- Nutritional Powerhouse: Packed with Vitamin C, fiber, and other essential nutrients.



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IQF FRUITS

IQF STRAWBERRY

Our IQF strawberries are sourced from the fertile fields of Egypt, renowned for their ideal climate and rich soil, which contribute to the exceptional quality and flavor of our berries.

Seasonal Availability:

While fresh strawberries have a specific season, our IQF strawberries are available year-round. This allows you to enjoy the taste of summer any time you desire.

Buy IQF Strawberries – Fresh, Frozen, and Nutritious

Shop premium IQF strawberries that retain their natural flavor, texture, and nutrients. Perfect for smoothies, desserts, jams, and baked goods, strawberries offer a convenient, year-round option. Order high-quality frozen strawberries for home use or commercial kitchens today!



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IQF FRUITS

IQF MANGO

Known for our world-class frozen fruits, exotic flavors of the tropics, with our premium Egyptian IQF mangoes.

Our IQF mangoes are sourced from the sun-drenched orchards of Egypt, where the warm climate and fertile soil produce exceptionally sweet and flavorful mangoes.

Seasonal Availability:

Fresh mangoes have a limited season. However, our IQF mangoes are available year-round, allowing you to enjoy this tropical treat whenever you crave it.



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IQF FRUITS

IQF MANGO

"Experience the Magic: Egyptian IQF Mangoes"

Imagine the sweet aroma of a perfectly ripe mango. Now imagine enjoying that flavor any time you desire. Our IQF mangoes capture the essence of summer with every bite. Carefully selected and flash-frozen at their peak ripeness, these mangoes retain their vibrant color, juicy texture, and irresistible sweetness.

Indulge in the exquisite taste of **Egyptian IQF mangoes**. Known for our world-class frozen strawberries, Egypt delivers unparalleled quality in all our frozen fruits. Experience the **rich, tropical flavor** of our mangoes, perfectly preserved through flash-freezing for **year-round enjoyment**.



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FRESH FRUITS

FRESH ORANGE

Premium Oranges: Taste the Sunshine of Egypt

Experience the vibrant flavor of Egypt Oranges, renowned for their exceptional quality and sweetness. These sun-ripened oranges are carefully selected at peak ripeness to lock in their juicy texture, refreshing taste, and high vitamin C content. Perfect for juices, smoothies, and culinary creations, our high-quality oranges.



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FRESH FRUITS

FRESH GRAPES

Experience the sweet and juicy taste of grapes. Carefully selected and retain their vibrant color and natural sweetness. Enjoy the convenience of having these delicious grapes on hand for smoothies, snacks, and more.



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IQF VEGATABLES

IQF OKRA

"Premium IQF Okra - Enjoy the convenience and health benefits of flash-frozen okra. Perfect for soups, stews, and stir-fries.



IQF POTETOS

"Discover the Versatility of IQF Potatoes"
Experience the convenience and flavor of our frozen potato products. From crispy fries to creamy mashed potatoes, the possibilities are endless.



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IQF VEGATABLES

IQF BROCCOLI

Buy IQF Broccoli - Fresh, Frozen, and Ready to Use

Shop premium IQF broccoli for the best in flavor, freshness, and nutrients. These **individually quick-frozen** broccoli florets retain their texture and vibrant color, making them perfect for stir-fries, soups, salads, and side dishes. Convenient, nutritious, and ready to use, IQF broccoli is a must-have for home and commercial kitchens.



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IQF VEGATABLES

IQF CAULIFLOWER

Experience the Flavor: Premium IQF Cauliflower Florets

Enjoy the tender texture and mild flavor of our flash-frozen cauliflower. Perfect for stir-fries, soups, and more.

Buy IQF Cauliflower - Fresh, Convenient, and Nutritious Discover high-quality IQF cauliflower that maintains its freshness, flavor, and nutrients. Perfect for casseroles, soups, salads, or as a side dish, these individually quick-frozen cauliflower florets save prep time and provide a nutritious, convenient option for any kitchen.



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IQF VEGATABLES

IQF GREEN BEANS

taste the Flavor: Premium IQF Green Beans

IQF Green Beans - Fresh, Frozen, and Nutrient-Packed

- Get high-quality IQF green beans that retain their natural flavor, texture, and nutrients. Perfect for stir-fries, soups, salads, and side dishes, these individually quick-frozen green beans offer a convenient, nutritious option for home and commercial kitchens. Shop now for fresh, ready-to-use frozen green beans!



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IQF VEGATABLES

IQF BEANS

with the Flavor: Premium IQF Beans

Enjoy the taste and texture of fresh, frozen beans. Our IQF beans are perfect for a variety of culinary creations.

IQF Beans - Fresh, Quick-Frozen, and Ready to Use.



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IQF VEGATABLES

IQF ONION

"High-Quality IQF Onions: Flavorful & Convenient"

Buy IQF Onions - Fresh, Pre-Chopped, and Convenient.

Get top-quality individually quick-frozen (IQF) onions that lock in freshness, flavor, and nutrients. Perfect for soups, stews, and sauces, IQF onions save prep time while delivering consistent results for home cooks and chefs alike.



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IQF VEGATABLES

IQF ARTICHOKE

"Premium IQF Artichokes: Gourmet Convenience"

Freshly harvested and individually quick-frozen (IQF) to preserve flavor, texture, and nutrients. Perfect for recipes like salads, pasta, and pizzas, offering convenience and premium quality.



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Have a Question?

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